

St Andrew the Apostle Greek Orthodox School



Ever to Excel



Dear Parents/Carers,

Thank you for all of the well wishes following the news of the positive COVID test results we have had in school recently. We have been in touch with the families and the students affected. Whilst any positive test is a significant event, our control systems are working as well as possible and so far the issue has affected only one year group. Our students themselves are following all of our processes and guidance thoroughly. However, we would appreciate all parents

discussing with their children, the need to maintain adherence to the rules at all times.

Thank you particularly to those parents and students involved directly in the actions following the positive test results recently. We appreciated that the parents who suddenly had to pick up their children were able to do so in a calm and orderly fashion. Whilst we do have a well-planned response to this scenario, the timely action of parents ensured that we completed all actions quickly and without disruption to the overwhelming majority of the school community. Public Health and the Department for Education were also available quickly throughout the day for consultation, and it is probably fair to point out (at a time where there is significant negative media coverage) that their response was immediate, practical and helpful.

These do remain worrying times and I know that the situation locally and nationally is causing concern. We will continuously stress to students their need to be self-sufficient and avoid all unnecessary contact as well as ensuring that our bubble system is secure. Please do also be assured that it is only the close contacts of the student affected that need to self-isolate – although please do contact the school if you think that your child is an unidentified close contact. It is also important to note that it is only the close contacts themselves who must isolate. The rest of the family can continue to attend work or school, providing that no-one in the household displays symptoms of coronavirus or tests positive for Covid-19.

National Covid-19 Advice

A gentle reminder to ensure that our students follow all national Coronavirus guidance when not in school. We would be grateful if you could continue to promote this advice with your son and daughter. We are aware of some reports, both locally and nationally, that social gatherings of young people are the source of some clusters of positive cases. Please see below for FAQs regarding what you can and cannot do.

<https://www.gov.uk/guidance/local-covid-alert-levels-what-you-need-to-know>

Thank you, as always for your support and cooperation in these matters and of St Andrew the Apostle School. If you have any questions or concerns, please do not hesitate to get in touch with us via email on admin@standrewtheapostle.org.uk

Virtual Year 6 Open Evening – Wednesday 21st October 5:30pm – 6:00pm

A reminder that we intend to run another virtual Year 6 Open Evening following the success of our last one on the 17th September. This is also due to the fact that a number of parents from local primary schools who were unable to join us on the 17th September have asked if we will be holding any further open events. I am pleased to say that we will be hosting this event on Wednesday 21st October. This will also be an opportunity

for parents to meet our newly appointed Headteacher Mrs Indira Warwick. Do please inform family members and friends who would like to find out more about our school to join us on the 21st September. Details of how to log in via Microsoft Teams will be placed on our website.

Do also please remind parents or friends who are interested in applying for a priority Greek Orthodox faith place, that they should submit a SIF form which they can download from the school website or collect directly from the school. SIF forms once completed should be sent directly to the school. They should also remember that to secure a place for September 2021, the application deadline is 31st October and should be submitted to their local authority.

Bidders' Day for St Andrew the Apostle New Building

St Andrew the Apostle and the Russell Education Trust met last week with representatives of the Department for Education and four companies who would like to build our new school building.

The meeting went exceptionally well and there will be future meetings to select the one company who will build our £30million purpose-built facility. The aim is for the school building to open in 2023.

Look in this newsletter or on our website for updates.

View of the proposed School across the lake



Headteacher's Surgery

Finally thank you to those parents who joined us for our first Headteacher's Surgery on Thursday 15th October between 9:30am-10:00am. This was another online event hosted on Microsoft Teams. This is also the first of a series of Headteacher surgeries we intend to host every 2-3 weeks and will always take place on a Thursday between 9:30am-10:00am. The theme of our first surgery was Faith and Worship at St Andrew the Apostle. Each surgery will focus on a different aspect of school life such as Curriculum, Pastoral, Inclusion, etc. Please do look out for our next meeting after half term. Details will always be posted on our website as well as a reminder message via text.

May I also take this opportunity to wish you all a pleasant and restful half term break.

God Bless.

Best wishes,

A handwritten signature in blue ink, appearing to read 'M. Vassiliou'.

Michael Vassiliou

Headteacher – Acting

Year 11 Academic Review Meetings

Although we are unable to welcome Year 11 parents into school for this event, **Mr Michael** (Senior Deputy Headteacher) will co-ordinate meetings which will take place in school with students and parents being able to dial in and join the meetings remotely. We have found that these meetings in the past have been invaluable in assisting Year 11 to focus on key areas and to plan for excellent academic outcomes as they approach the final stages of their GCSE courses. These meetings will take place between **Thursday 15th October and Thursday 22nd October**.

Microsoft Teams

Should the school experience disruption caused by Covid 19 and periods of self-isolation, we will have a virtual platform to allow some lessons to be delivered via Microsoft Teams. This will be used to supplement work and resources that is set on the VLE and Classcharts.

In order to make this process work we will need all students to access office 365 account at home.

Students have been given their own unique username and password to attempt to access the platform at home.

Please ensure that you attempt the login by Monday 19th October 2020. If you experience any issues with logging in, please email teams@standrewtheapostle.org.uk

Sixth Form Update

Academic Review Days

Academic Review meetings are happening this week. Year 13 students and their parents have the opportunity to meet remotely with **Ms Fourcade** or **Mr Michael**, for a detailed review of their work and achievements. They are also provided with detailed feedback to support them in the upcoming mock exams and with their UCAS applications. Review meetings are very important for us, as they give us the opportunity to work more closely with families in order to support our students. Year 11 Academic Review Meetings are also starting this week.

Sixth Form Open Evening – Wednesday 17th November 2020

Do please look out for our sixth form opening evening, which will be a virtual event. This will be an opportunity to learn more about what we offer at our Sixth Form. Following on from the excellent results achieved by our first year 13 cohort. Further details will follow via this newsletter as well as our school website.

UCAS

We are very excited to have sent our first applications to UCAS for this academic year. We wish our students the best of luck and hope their efforts to get a place in Oxbridge for Medicine or History and English, or in Dentistry, will be rewarded!

YEAR 11

Our Year 11 students completed the Early Indication Survey to indicate which subjects they would like to study at St Andrew the Apostle's Sixth Form next year. The results will allow us to plan for courses our students want to study. Maths, English Literature, Business, Biology and Psychology remain our most popular subjects. This year, we have been able to create links with BEAT at Woodhouse for Music Technology A-Level. This has allowed one of our current Year 12 students to remain at St Andrew while studying a subject we wouldn't otherwise offer. As our sixth form grows, we hope to expand our offer, but these local links are extremely valuable.

Year 7

Dear Parents,

Our first half term is well underway and our Year 7 students have made fantastic start to their time at St Andrew the Apostle School. It has been a very busy few weeks for them and their tutors. It is amazing how much they have learnt and how quickly they have adapted to change. New friendships have been formed and relationships continue to build between students, teachers and tutors. Our Year 7 students feel happy and comfortable in their school; they take pride in their uniform and are great ambassadors of our school ethos. For this, I would like to thank you parents for supporting us in this critical period of transition from primary to secondary school. Please remember that tutors and myself are available to answer any questions you may have because we really do value strong partnerships between home and school.

Over the coming weeks you may receive a positive phone call from your child's tutor. This is something that we do to recognise achievement in lessons and/or celebrate the fact that students embrace and demonstrate our values in and out of the classroom. It has been a very busy week with interviews for School Council and Sports Representatives. I am proud to announce that the following Year7 students have been selected as representatives for School Council and PE:



School Council Representatives

Daniel G

Zoe C



PE Representatives

Katina G

Skye H

I would like to thank all Year 7 students who interviewed for School Council and PE and assure them that there will be plenty of opportunities to make their own contributions in areas they feel passionate about.

Finally, I would like to remind you that the use of masks has been made mandatory in communal areas around the school, so please ensure your child has a mask in line with school policy.

Kind regards

Jenny De Freitas

Head of Year 7

St Andrew the Apostle – Thoughts for the Week



Bible Readings and Prayers for this time:

Psalm 4

For the director of music. With stringed instruments. A psalm of David.

1 Answer me when I call to you,
my righteous God.

Give me relief from my distress;
have mercy on me and hear my prayer.

2 How long will you people turn my glory into
shame?

How long will you love delusions and seek false
gods.

3 Know that the Lord has set apart his faithful
servant for himself;
the Lord hears when I call to him.

4 Tremble and do not sin;
when you are on your beds,
search your hearts and be silent.

5 Offer the sacrifices of the righteous
and trust in the Lord.

6 Many, Lord, are asking, "Who will bring us
prosperity?"

Let the light of your face shine on us.

7 Fill my heart with joy
when their grain and new wine abound.

8 In peace I will lie down and sleep,
for you alone, Lord,
make me dwell in safety.



Blessed are you, Lord God, King of
the universe.

Your word brings on the dusk of
evening.

Your wisdom creates both night
and day.

You determine the cycles of time.

You arrange the succession of
seasons

and establish the stars in their
heavenly courses.

The Lord of hosts is your name.

Living and eternal God, rule over
us always.

Blessed be the Lord, whose word
makes evening fall.

Theme for the week – Week beginning 19th October

Theme of the week	Key Dates/Events	Bible Quotation	Inspirational Quotation	Questions to consider
Caring: The value of helping those less fortunate than ourselves	17 th October – International Day for the Eradication of Poverty	“God will never forget the needy.” – Psalm 9: 18	Children need to get a high-quality education, avoid violence and the criminal-justice system, and gain jobs. But they deserve more. We want them to learn not only reading and math but fairness, caring, self-respect, family commitment, and civic duty. - Colin Powell	Is poverty restricted to other countries? What do you do to help? How else can we help those less fortunate?

Future Events for the Diary

<u>Week 8</u>	<u>Key Events</u>
Monday 19 th October	
Tuesday 20 th October	
Wednesday 21 st October	
Thursday 22 nd October	
Friday 23 rd October	Inset Day
	Half term
	<i>Monday 26th October - Friday 30th October 2020</i>

November 2020

<u>Week 9</u>	<u>Key Events</u>
Monday 2 nd November	
Tuesday 3 rd November	
Wednesday 4 th November	
Thursday 5 th November	Y11 Academic Review Day 2
Friday 6 th November	

Russell Education Trust Creative Writing Competition Winner!

To celebrate Kamran O from Year 11 winning a Russell Education Trust prize for Creative Writing, we are publishing his short story in its entirety. It is fantastic and we are really proud of his efforts with this.

Boy

“Boy!” shouted the director in a militant tone. Overwrought, I ran down the narrow hallways, passed the frayed walls, over the crinkled crisp packets and crushed cans; nervous yet slightly curious. I opened the director’s door and I was confronted by a tall dark man in his mid-thirties and a young woman, who had a welcoming and warming smile on her face. Quickly, I brushed the cinder and ash from my hands as I seated myself down on one of the visitor chairs. Overwhelmed by a wave of excited emotions, I cheekily let out a smirk, along with a faint giggle like a Cheshire cat, however I judged from the directors’ sombre look, he didn’t like that, not one bit. His stern eyes commanded me to present myself in a respectful and honourable manner, like the gentlemen in black tuxedos and charming top hats that we see on our obsolete, black and white televisions on Sunday nights. The director introduced me with thorough detail and specific information; within minutes this couple had known my height, weight, hygiene regime and other unusual details. However as always, he never mentioned a name or age. After an intense ten minutes, the man’s unwelcoming face became even more menacing. With a raised eyebrow and a condescending glare, they suddenly exited. The woman held back tears as she waved goodbye, whilst the man strolled out without even any eye contact. “You’re a filthy boy, you are disgusting!” shouted the director. I glared at the floor with sorrow. There was no greeting and no time to play. I didn’t even get to know them as they came to know me, yet they decided already that they didn’t want me. No one wanted me.

That night, I slept in the hole. The hole was like a place out of time, a place to rest without consequences; the darkness was like a sanctuary, a place to recharge and forget the things that this cruel world had said and done to me. It wasn’t that I couldn’t or wouldn’t, but rather that I needed a sense of stepping out of a tormenting and soulless existence. My entire life, I have always felt that I’ve been shackled to the icy chains of isolation, electrocuted by loneliness; brutally beat by a baton of self-hatred. I haven’t a name, a place of birth or even a known age. I wandered around the bustling streets, unnoticed and unwanted. I was a mere fly in a flock of sheep, a speck of dust on a finely tailored suit, a filthy and disgusting boy who didn’t deserve happiness, who didn’t deserve a home.

I was awoken at 7am sharp by the rough hands of the director. He clenched my ripped rags and muttered, “Have you learnt your lesson boy?”

I trembled in fear, I stuttered, “Y-yes sir. I-I have.”

Abruptly, the director slapped me; the slap was as loud as a clap and stung my pale face. This one was open handed and left a red welt behind. Just below my eyes was a small cut where his ring had caught me. I staggered back, clutching my face as my eyes watered. The director stormed out and slammed the door behind him.

I oddly decided to continue my usual morning chores and first was the chimney. The chimney sweeps’ eyes roamed the director’s private room in morbid curiosity. There was a large fireplace which dominated the room and gave the impression that it had never been used before. The fire had never been started, no warmth had ever been felt in this dark and hollow room. To my left, there was a slice of cake, something I had always desired but never had the privileged to try; saliva flooded my mouth but at the bark of the director, it immediately dried. I knew it was time. I removed the cloth that covered the fireplace most of my rags. I found myself wedged between the brutal walls as soot rained down like never before. A downpour, I had not felt in

years. This should have been a place of comfort, a place to hide from the harsh realities of the world. But I still felt out of place, as if I didn't belong.

The grandfather clock struck ten and break had finally arrived. The friends that surrounded me felt like paper chains in the rain and the sky held nothing but the promise of more storms. Life had become painfully lonely. All I wanted was a hand to hold or a shoulder to cry on but neither came. The world became even more cold and empty, a slow poison for the soul, a cruel mimicry of my heart. Whilst I sat in the corner, I observed all the other normal and named children, who were happy and laughing with their friends. Oliver had his legs crossed and chin held up high, however I noticed Eve was sat alone on a bench with a frown that has been present for most of my life. Despite the exasperating arguments, they all seemed to be a part of a community, a community which I was cruelly excluded from.

In my daily despair, I slowly approached the director's private room once more, to clean the remaining cinders. I am stopped by a militant tone "Boy!" Overwrought, I ran down the narrow hallways, past the frayed walls, over the crinkled crisp packets and crushed cans; nervous yet slightly curious. I halt at the director's door and clean the cinder and ash off my hands, I run my fingers through my hair and adjust my rags, I open the director's door. This time I was ready!

D&T & Art Christmas Competition

Enter the DT and Art Competition and win a chance to be in the St Andrews Christmas card 2020!

A festive poster for a Christmas Card Competition. At the top, a string of colorful Christmas lights (red, blue, green, yellow) hangs across the width. Below the lights, on the left, is a green Christmas tree with red ornaments and a white snowflake. To the right of the tree, the words "Christmas Card Competition" are written in a stylized font: "Christmas" in orange, "Card" in blue, and "Competition" in blue. In the center-right, a large red tag with a white hole at the top right corner contains a list of requirements in white text. At the bottom left, there is a box with a black border containing the deadline information. At the bottom right, there is a cartoon illustration of a snowman, Santa Claus, a Christmas tree, and a gift box.

Christmas Card Competition

The DT & Art Department present...

St Andrew the Apostle Christmas Card Challenge

Enter our Create a Christmas Card Challenge and your design could become our school's Christmas card for 2020!

Deadline: Entries need to be passed to Mrs Ayres (Head of DT & Art) by Monday 9th November 2020

What it needs to include:

- It needs to be a card. (A5)
- A Christmas message to be written inside.
- A Christmas character (i.e.: Jesus, Father Christmas, Rudolf).
- Must be decorated with pretty Christmas images (I.e.: presents, a Christmas tree, snowmen).
- A wish for what you hope for 2021.
- Be creative and let your imagination run free!!!!!!



Noah's Ark Children's Hospice



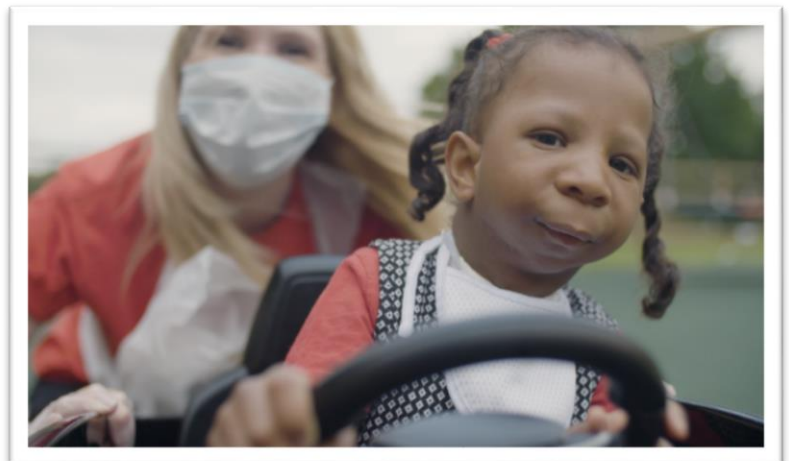
Moments That Matter

Noah's Ark Children's Hospice provides care and support for babies, children and young people with life-limiting or life-threatening conditions across north and central London. We enable these children to live life as fully as possible and achieve their aspirations, as well as supporting the families during their child's life and helping them to face the future with hope after their child has died.

In the last year we have opened "The Ark" - a new children's hospice building for the area. In response to the first peak of COVID-19, we launched our In-Patient Unit (IPU) which enables 24-hour end-of-life care. Requests for our care, both in the IPU and in the family home, are at an all-time high. There is an urgent need to recruit more nurses and carers to enable support for the seriously unwell children who count on Noah's Ark.

How Noah's Ark Children's Hospice has responded to COVID-19

In early March, at the request of the NHS, we rapidly expedited the opening of our IPU to ensure that we could help to relieve local hospitals during the first COVID-19 peak and continue to help our families.



Referrals have included a very young baby, sent to us by Great Ormond Street Hospital, whose condition our nurses were able to stabilise; two disabled and unwell sisters whose mum (a single parent) fell ill and couldn't care for them; and a teenage boy who received end-of-life care after his overseas brain tumour operation was cancelled due to COVID-19. Our therapists and social workers have been on hand to support parents whose child has died, as well as children whose sibling has died.

We have also helped children and families to share moments of real joy while staying at The Ark, including reuniting a boy with his father following a three-week separation due to the one-parent policy at the hospital the boy was previously staying in; and fulfilling one girl's final wish by taking her to swim in the pool of a local supporter.

Most of the children supported by Noah's Ark are immunocompromised and have been shielding for months. Many still are. As a result, these children and their families are facing acute social and financial crises. Noah's Ark has found new ways of delivering vital support online, including virtual music and play therapy, volunteer support and online parent groups.

“ Noah's Ark is still offering opportunities for connection. We are on our own... but we are not alone.

Mother of child currently benefitting from Noah's Ark's support

The urgent need to grow our Paediatric Palliative Care Team



The early opening of our IPU has resulted in a significant increase in demand for our services from major partners such as Great Ormond Street Hospital. We are also being inundated with requests from isolated families to resume care within the family home and for support from our social workers for help to navigate the financial complexities caused by the crisis.

Latest research (Fraser et al, 2020, University of York) shows there are over 2,000 seriously unwell babies and children in north and central London who could be benefitting from Noah's Ark's support. Our priority is to ensure that we are able to be there for as many of these children as possible throughout coronavirus and beyond.

How you can enable support for seriously unwell children and their families

Noah's Ark is dedicated to creating **Moments that Matter** for London's most unwell babies and children. Our nurses and carers create lasting moments, like enabling seriously unwell and disabled children to go ice skating, or visit a farm for the first time... and last moments, fulfilling dying children's final wishes.

Now we need your help...

In November, we are launching our **Moments That Matter** campaign, when the Noah's Ark community will come together in a unique, unforgettable way to help us raise £1.2m – the annual cost of Noah's Ark's specialist nurses and carers... our heroes.

Moments That Matter is a **36 hour** match-funded appeal running **Sunday 22 November to 10pm on Monday 23 November**.

Thanks to some of the charity's key benefactors, who have committed to a matched giving pot, **every donation we receive during the campaign will be doubled, up to a total of £600,000.**

We therefore ask you to kindly consider supporting our campaign by becoming a Team Leader or by making a donation towards the costs our Specialist Care Team and Nurses.

- £1,000** – funds a seriously unwell baby or child to receive care at The Ark's In-Patient Unit (IPU) for 24 hours
- £4,500** – funds all of the costs of The Ark's IPU for 24 hours
- £10,000** – funds all of Noah's Ark's in-patient, out-patient and home support for babies and children for 24 hours.
- £30,000** – funds a Specialist Carer for a year, supporting many of London's most unwell children
- £50,000** – funds a nurse for a year, providing care for those children in most acute need.

“ We need people to make a difference right now, so that Noah's Ark services - a lifeline for us - will continue long into the future.”

Michael, father of Eli (pictured right)



**0-19 EARLY HELP
SERVICE**



OCTOBER HALF TERM ACTIVITIES

FOR YOUNG PEOPLE AGED 6-19*

Mon 26 - Fri 30 October 2020

***UP TO 25 FOR THOSE WITH DISABILITIES AND/ OR AUTISM**



OCTOBER HALF TERM ACTIVITIES

Mon 26 - Fri 30 October 2020

October Half Term 2020 Positive Activities Delivery:

We have a range of Face to Face activities for young people who school and/or live in the Borough of Barnet aged 6-19yrs and up to 25 with a disability and/or Autism.

All of our sessions are inclusive and open to all abilities. All activities are FREE so please see course information within this booklet below.

Whilst we are excited about being able to offer different types of delivery, we are still following guidances outlined regarding group sessions and safety for all involved. This therefore will mean that face to face delivery will be different to usual, meaning that we will be working with social distancing, bubbles and limited venues. Group sizes will be smaller and everyone will need to follow venue guidance along with the NHS Track and Trace App.

To book a place you will need to register on our website <https://barnet019.studioreception.net/login> and email byes@barnet.gov.uk, stating your child's full name, age and activity name. We will try our best to accommodate all who enquire. We also have range of term time activities Online and Face to Face that you can also enquire about too!

FACE TO FACE COVID GUIDANCE AT ACTIVITIES:

- Follow one way systems / signage within venues
- Keep your distance where ever possible
- NHS Track & Trace in operation at all venues
- Cleaning stations & hand sanitisers are provided within venues
- No parents/carers waiting on site
- Equipment/Rooms cleaned down before and after use.
- Sanitisers and PPE available throughout sessions
- Reduced numbers in grouped sessions following guidance from the Government!
- A chance to learn something new, develop skills and interactive with other young people face to face!
- Activities across the Borough of Barnet!
- Activities are FREE for October Half Term 2020 to support young people and families during COVID19.

How to apply:

Visit and register on our website <https://barnet019.studioreception.net/login> and navigate through the October Half Term 2020 timetable to find the activity for your young person. Email byes@barnet.gov.uk to reserve your young person's place.

For more support please email byes@barnet.gov.uk

SIGN UP NOW



Sign up now button

When you find a course you would like to apply for, all you need to do is select this icon and it will automatically take you to the page on our website where you can find our more!



www.barnetyouth.uk

CLICK THE ICONS



MON 26 - FRI 30 OCTOBER 2020



FUN & GAMES WITH PERFORMING ARTS

Join in this action packed course, with games, creativity and fun in the world of performing arts! Develop your child's confidence, imagination and make new friends!



Mon 26 - Weds 28
October 2020

Times: 9.30am - 12.30pm
Ages: 5-7s

Venue: The Bull Theatre,
High Barnet, EN5 5SJ



SKATEBOARDING

A professional coach is ready to teach you how exhilarating skateboarding can be. This is the perfect time to pick up the sport and see how far you can go. Not only is it a great sport but a great way to keep active and build up your confidence and encourage a healthy lifestyle. You don't need to bring your own skateboard, all skateboards, safety pads and helmets are provided following COVID guidance.



Tues 27 - Thurs 29
October 2020

10am-11am - 7-11s
11.30am-12.30pm - 12+

Venue: Dollis Juniors
School, NW7 2BU



AUTUMN ARTS & CRAFTS

If you have a passion or interest in art and craft and want to learn how to draw, paint and create different types of art, sign up and get involved in our Arts & Craft holiday course. Theme for this course is all things Autumn including Halloween.



Tues 27 - Thurs 29
October 2020

9.30am-11am - 6-9s
11.30am-1pm - 10-14s

Venue: Canada Villa,
NW7 2BU



RITHMIK MUSIC PRODUCTIONS

If you have a passion or interest in music and want to make your own beats, write your own lyrics, record your own songs or create and collaborate with other artists. Come and get involved in the Rithmik Beginners Music Production session. You'll be supported by some of the best UK music producers to help you build your own sound using professional music software.

No previous musical experience is needed just a keen interest and passion for music!



Tues 27 - Thurs 29
October 2020

Times: 11am-2pm
Ages: 12-19s

Venue: Canada Villa,
NW7 2BU



MON 26 - FRI 30 OCTOBER 2020



SQUASH TOTS

Over this school holiday we want to give toddlers and young children the chance to learn the general skills required to play squash and enjoy playing their first squash games and matches. Equipment is provided following COVID guidance.



Mon 26 - Weds 28
October 2020

Times: 10am-11am
Ages: 4-7s

Venue: Southgate
Squash Club, N14 7JZ



SQUASH BEGINNERS 8-11S

Over this school holiday we want to give young children the chance to learn the general skills required to play squash and enjoy playing their first squash games and matches. Equipment is provided following COVID guidance.



Mon 26 - Weds 28
October 2020

Times: 11.15am-12.45pm
Ages: 8-11s

Venue: Southgate
Squash Club, N14 7JZ



SQUASH INTERMIDATE 12-17S

Over this school holiday we want to give teenagers the chance to learn the general skills required to play squash and enjoy playing their first squash games and matches. Equipment is provided following COVID guidance.



Mon 26 - Weds 28
October 2020

Times: 1.30pm-3.30pm
Ages: 12-17s

Venue: Southgate
Squash Club, N14 7JZ



MUSICAL THEATRE - 7-11S

Step into the world of an ice kingdom, using your imagination to learn performing arts! Dancing and Acting with fun games! Remember wear comfy clothes and bring a bottle of water!



Weds 28 October 2020

Times: 10am-12.30pm
Ages: 7-11s

Venue: Finchley Youth
Centre, N2 9ED

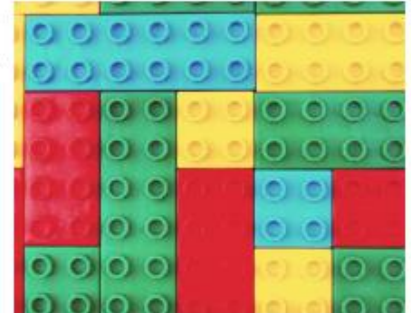


MON 26 - FRI 30 OCTOBER 2020



CREATIVE LEGO

Creative Lego is a great place for children to come and express their creative side. Participants build complex and detailed structures and develop stories. So if you are a fan of all things Lego come and show us your Lego building skills.



SIGN UP NOW



**Thurs 29 - Fri 30
October 2020**

**Times: 10.30am-12noon
Ages: 6-10s**

**Venue: Finchley Youth
Centre, N2 9ED**

DANCE FUSION

Fun, high energy dance course to get your bodies moving giving you a taste of Commercial, Jazz & Contemporary Dance Styles. This session is for all abilities. Remember to wear comfy clothes and bring a bottle of water.



SIGN UP NOW



Fri 30 October 2020

**Times: 12noon-2pm
Ages: 12-16s**

**Venue: Finchley Youth
Centre, N2 9ED**

STREET DANCE MONSTER MIX

Fun, high energy dance course to get your bodies moving through learning Street Dance routines. This session is for all abilities. This session is for all abilities. Remember to wear comfy clothes and bring a bottle of water.



SIGN UP NOW



Fri 30 October 2020

**Times: 10am-11.30am
Ages: 7-11s**

**Venue: Finchley Youth
Centre, N2 9ED**

FITNESS CAMP

Fitness Camp is a great way to kick-start your fitness goals combining cardio and strength training with fun workouts to get you into shape in a great and motivating atmosphere. The programme will be challenging and will encourage you to work towards your goals. It is suitable for all fitness levels so whether you are an aspiring beginner, or a fitness fanatic all are welcome.



SIGN UP NOW



**Mon 26 - Weds 28
October 2020**

**Times: 2.30pm-3.30pm
Ages: 10-14s**

**Venue: Canada Villa,
NW7 2BU**

MON 26 - FRI 30 OCTOBER 2020



MUSICAL THEATRE - 12-16S

Calling all performers who want to develop their performance skills and stage presence. Learn dances and scenes from Westend Shows. If you 'can't stop the beat' in your feet than this course is for you! Remember wear comfy clothes and bring a bottle of water!



**Weds 28
October 2020**

**Times: 1.30pm-4pm
Ages: 12-16s**

**Venue: Finchley Youth
Centre, N2 9ED**



MATILDA THE MUSICAL - PERFORMING ARTS

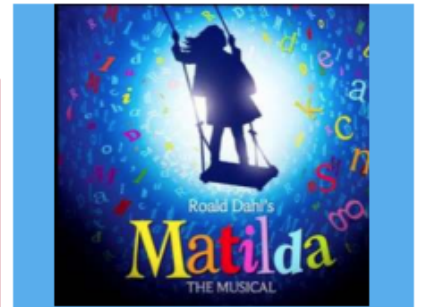
Calling all 'Revolting Children' to stand together to learn the catchy numbers of this classic Westend show. Remember wear comfy clothes and bring a bottle of water!



**Thurs 29
October 2020**

**Times: 2pm-4.30pm
Ages: 7-11s**

**Venue: Hope Corner
Community Centre,
EN6 2DY**



PARNET & CHILD HORSE EXPERIENCE COURSE

Join the Strength and Learning Through Horses Parent and Child therapy course to build relationships and communication skills while learning how to train horses. The team of horse behaviorists will teach you how a horse thinks, what worries them and what motivates them. Using this knowledge to building a relationship of trust with them, your child and train them to undertake a number of fun activities.



**Mon 26 - Tues 27
October 2020**

**Times: 1pm-4pm
Ages: 8-11s**

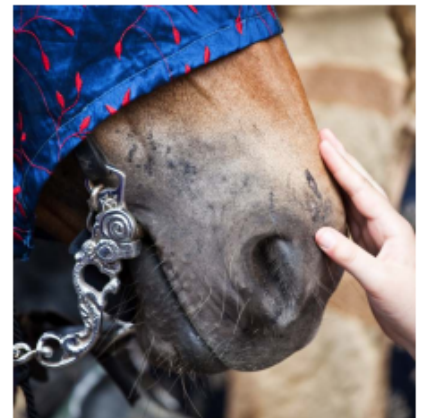
**Venue:
The Edge Stables,
HA8 8QX**

**Weds 28 - Thurs 29
October 2020**

**Times: 1pm-4pm
Ages: 12-16s**

**You will need transport to get to &
from the stables.**

Please note: You do not ride the horses in this project. It is all floor based. Course will still go ahead in the rain, please dress accordingly. Younger siblings will not be able to attend, only parent and xl child will be able to attend due to COVID19 procedures. You will also need to complete a form for SandLTH to take part.



0-19 EARLY HELP SERVICE

Children, Family and Young People



All families face challenges and sometimes need support. Early Help is about providing this support as soon as possible to tackle difficulties for children, young people and families before they become more serious. We work with the whole family and the child / young person is at the centre of all we do.

Working with partners, Barnet's 0-19 Early Help Service provides help and support to families, children and young people up to the age of 19 (or 25 with a disability).

We aim to: Provide the right help first time that meets identified needs Improve outcomes for children and young people Prevent the escalation of issues that would then require statutory intervention.

To access support go to: <https://www.barnet.gov.uk/wwc/working-children-barnet/practitioner-guidance/children-family-and-young-people-hubs-0-19/how>



Kooth is the UK's leading mental health and wellbeing platform. It gives children and young people easy access to an online community of peers and a team of experienced counsellors. Access is free of the typical barriers to support: no waiting lists, no thresholds, no cost and complete anonymity.

Go to www.kooth.com

Working together to support Communities

Community groups across our borough are pulling together in an unprecedented way to support vulnerable people during the coronavirus (COVID-19) crisis.

For more information where you can get help, and how you can get involved. Go to:

www.engage.barnet.gov.uk/communityhelphub.

www.barnetyouth.uk

